



# HTLC Newsletter

Issue No. 10 | June 25th, 2024

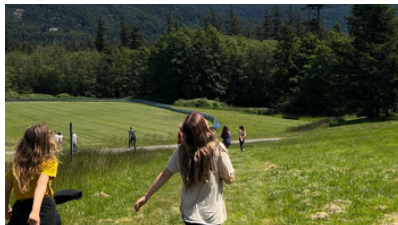


## Trip to The Salmonberry School

On May 29th, three members of the Holistic Teaching and Learning Club drove to Orcas Island, WA to visit The Salmonberry School (ages 4-12). Anu Ayers, Stephanie Hougan, and Gianna Lowry had the opportunity to observe the values and practices of Salmonberry up-close and personal.

"Is it time yet?" is a statement that gives insight into how the students at Salmonberry come to school every day. After the head of school, Paul Freedman, gave the student a nod showing that it was time for school to start, the child proceeded to run through the gates with a big smile on their face.

Anu Ayers recalls the magic of Yes Day, an all-day event that the Otters (ages 6 & 7) held on Thursday, May 30th. According to their instructor, Aliza Diepenbrock, Yes Day is a day to honor the students' growing ability to say "yes!" to the community and for the island to say "yes!" in return.



In a discussion with Stephanie Hougan, she recalled the presence of emotional awareness among the students. All ages of children at Salmonberry have been supported in a way that allows them to learn skills that help them emotionally

regulate and be mindful of others. Stephanie shared that it was amazing to be welcomed by the Eagles group (ages 10 & 12) in a way that was kind, respectful, and full of curiosity.

"They are conscientious about each other's emotions and experiences," Gianna Lowry said, "The lead teacher of this group is aware of the importance of autonomy, competence, and belonging and is active in fostering these things."

The group recommends that if you have a chance to connect with Paul Freedman or visit The Salmonberry School, you should!

To learn more about Salmonberry School, visit their website at [salmonberryschool.org](https://salmonberryschool.org)

---

# Monthly Features

---

## Social and Emotional Learning Workshops

These workshops will be offered in-person and are free to our local community. If you would like to attend these workshops to receive PDUs, please refer to our website's **Education** tab and register on the HTLC Pathway page.

### Creating Empathic Relationships

with Ayako Nozawa

**Saturday, July 13th & 20th**

from 8:30 a.m. - 4:20 p.m. (*Zoom only*)

### Connecting the Dots

with Michele Pavilionis

**Saturday, September 28th, 2024**

from 8:30 a.m. - 4:20 p.m. (*In-Person or Zoom*)

### Self-Awareness

with Roni Adams & Michele Pavilionis

**Saturday, September October 12th, 2024**

from 8:30 a.m. - 4:20 p.m. (*In-Person only*)

### Self-Management

with Roni Adams & Michele Pavilionis

**Saturday, September November 16th, 2024**

from 8:30 a.m. - 4:20 p.m. (*In-Person only*)

## Holistic Education Discussion



Andrea Laubstein's

Virtual Holistic Education Discussions

The next Holistic Education Discussion will be on July 1st. For more information on these discussions, visit [educationandbeing.com](https://educationandbeing.com).

Hosted on **every-other Monday**  
from **4:30 p.m. - 5:30 p.m. (Pacific Time)**.

## HTL-Podcast

We are excited to announce that the Holistic Teaching and Learning Podcast has gone through a revamp! The podcast committee has been working on episodes with professionals in the field. Check out our new and upcoming episodes:

### James Ford

Holistic Leadership at Roong Aroon International School

### Sheburra Haugsness

Teaching to the Self: Spirituality in the Classroom

### Paul Freedman

Cultivating Curiosity: The Salmonberry School

## HTL-Club



On May 23rd the club hosted their 3rd annual Plant, Pot, and Paint event, and on the 24th a grad cap decorating night where club members were able to connect with one another and get creative! On June 7th Dr. Greene hosted the annual HTLC barbecue where our leadership, team as well as our founders were recognized for their hard work.



**Center for Holistic Teaching & Learning**

Southern Oregon University  
School of Education  
1250 Siskiyou Blvd.  
Ashland, OR 97520

Email: [htlconference@sou.edu](mailto:htlconference@sou.edu)

---